



Anthem Blue Cross Approved and Adopted Corporate Clinical Utilization Management(UM) Guidelines - Updated 10/01/2011

Number	Adopted Clinical UM Guideline Title	Updates
CG-ANC-04	Ambulance Services; Air and Water (split from CG-ANC-01)	04/21/2010
CG-DME-01	External (Portable) Continuous Insulin Infusion Pump	
CG-DME-03	Neuromuscular Stimulation in the Treatment of Muscle Atrophy (Adopted for National and ASO)	10/01/2011
CG-DME-04	Electrical Nerve Stimulation, Transcutaneous, Percutaneous (Adopted for National and ASO)	10/01/2011
CG-DME-05	Cervical Traction Devices for Home Use (Adopted for National and ASO)	10/01/2011
CG-DME-06	Pneumatic Compression Devices	
CG-DME-07	Augmentative and Alternative Communication (AAC) Devices/Speech Generating Devices (SGD)	
CG-DME-08	Infant Home Apnea Monitors (Adopted for National and ASO)	10/01/2011
CG-DME-09	Continuous Local Delivery of Analgesia to Operative Sites Using an Elastomeric Infusion Pump (Adopted for National and ASO)	10/01/2011
CG-DME-10	Durable Medical Equipment	
CG-DME-11	Spinal Orthoses: Thoracic-Lumbar-Sacral (TLSO), Lumbar-Sacral (LSO), and Lumbar (Adopted for National and ASO)	10/01/2011
CG-DME-12	Home Phototherapy Devices for Neonatal Hyperbilirubinemia (Adopted for National and ASO)	10/01/2011
CG-DME-13	Lower Limb Prosthesis	
CG-DME-15	Hospital Beds and Accessories	
CG-DME-16	Pressure Reducing Support Surfaces - Groups 1 & 2 (Adopted for National and ASO)	10/01/2011
CG-DME-18	Home Oxygen Therapy (Adopted for National and ASO)	10/01/2011
CG-DME-19	Therapeutic Shoes, Inserts and/or Modifications for Individuals with Diabetes (Adopted for National and ASO)	10/01/2011
CG-DME-22	Ankle-Foot & Knee-Ankle-Foot Orthotics (Braces) (Adopted for National and ASO)	10/01/2011
CG-DME-23	Patient Lifts	
CG-DME-24	Wheeled Mobility Devices: Manual Wheelchairs - Standard, Heavy Duty and Lightweight (Adopted for National and ASO)	04/21/2010
CG-DME-25	Seat Lift Mechanisms (Adopted for National and ASO)	10/01/2011
CG-DME-26	Back-up Ventilators in the Home Setting	
CG-DME-27	Non-invasive Positive Pressure Respiratory Assist Devices (BiPAP®) (Adopted for National and ASO)	10/01/2011
CG-DME-28	Myoelectric Upper Extremity Prosthetic Devices	

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CG-DME-30	Prothrombin Time Self-Monitoring Devices (Adopted for National and ASO)	10/01/2011
CG-DME-31	Wheeled Mobility Devices: Wheelchairs - Powered, Motorized, with or without Power Seating Systems, and Power Operated Vehicles (POVs)	
CG-DME-33	Wheeled Mobility Devices: Ultra lightweight manual wheelchairs (split from CG-DME-24)	04/21/2010
CG-DME-34	Wheeled Mobility Devices: Modifications and accessories (split from CG-DME-24 and CG-DME-31) (Adopted for National and ASO)	04/21/2010
CG-DRUG-01	Off-Label Drug and Approved Orphan Drug Use	
CG-DRUG-03	Beta Interferons or Glatiramer Acetate for Treatment of Multiple Sclerosis interferon beta-1a [Avonex, Rebif], interferon beta-1b [Betaseron], Glatiramer [Copaxone]	
CG-DRUG-05	Recombinant Erythropoietin Products	
CG-DRUG-07	Hepatitis C Pegylated Interferon Antiviral Therapy	
CG-DRUG-08	Pharmacotherapy for Gaucher Disease	
CG-DRUG-09	Intravenous Immune Globulin Therapy (IVIg)	
CG-DRUG-11	Oral and Injectable Infertility Drugs	
CG-DRUG-13	Hepatitis B Interferon Antiviral Therapy	
CG-DRUG-15	Gonadotropin Releasing Hormone (GnRH) Analogs	
CG-DRUG-16	White Blood Cell Growth Factors	
CG-DRUG-24	Repository Corticotropin Injection (H.P. Acthar® Gel)	07/24/09
CG-DRUG-25	I.V. vs. Oral Drug Administration	11/16/09
CG-DRUG-27	Clostridial Collagenase Histolyticum Injection	01/01/2011
CG-DRUG-28	Alglucosidase alfa (Lumizyme®, Myozyme®)	04/15/2011
CG-LAB-03	Phenotypic and Genotypic Resistance Assays in HIV Management	07/24/09
CG-MED-08	Home Enteral Nutrition	
CG-MED-19	Custodial Care	
CG-MED-21	Anesthesia Services and Moderate ("Conscious") Sedation	
CG-MED-22	Neuropsychological Testing	
CG-MED-23	Home Health	
CG-MED-24	Electromyography and Nerve Conduction Studies (EMG/NCS)	04/21/2010
CG-MED-26	Neonatal Levels of Care	
CG-MED-29	Inpatient Subacute Care	
CG-MED-31	Skilled Nursing Facility	
CG-MED-34	Anesthesia Services for Gastrointestinal Endoscopic Procedures	
CG-MED-39	Central (Hip or Spine) Bone Density Measurement and Screening for Vertebral Fractures Using Dual Energy X-Ray Absorptiometry (split from CG-RAD-18)	10/14/2010
CG-REHAB-04	Physical Therapy (Adopted for National and ASO)	10/01/2011
CG-REHAB-05	Occupational Therapy (Adopted for National and ASO)	10/01/2011
CG-REHAB-06	Speech-Language Pathology (Adopted for National and ASO)	10/01/2011
CG-REHAB-07	Skilled Nursing and Skilled Rehabilitation Services (Outpatient)	
CG-REHAB-08	Private Duty Nursing in the Home Setting	
CG-REHAB-09	Acute Inpatient Rehabilitation	
CG-SURG-03	Blepharoplasty, Blepharoptosis Repair, and Brow Lift	



CG-SURG-05	Maze Procedure	
CG-SURG-08	Sacral Nerve Stimulation as a Treatment of Neurogenic Bladder Secondary to Spinal Cord Injury	
CG-SURG-09	Temporomandibular Joint Dysfunction (TMD), Temporomandibular Joint Syndrome (TMJ), Craniomandibular Disorder (CMD)	
CG-SURG-12	Penile Prosthesis Implantation	
CG-SURG-18	Septoplasty	
CG-SURG-24	Functional Endoscopic Sinus Surgery (FESS)	03/15/2011
CG-SURG-27	Gender Reassignment Surgery	
CG-SURG-28	Transcatheter Uterine Artery Embolization	
CG-SURG-29	Lumbar Discography (split from CG-RAD-06)	10/14/2010
CG-TRANS-02	Kidney Transplantation	

AIM 2010-2011 Program Guidelines v.6.1.9 Effective Date: August 16, 2010 - adopted for use effective April 1, 2011

Note: The health plan uses diagnostic imaging management guidelines developed by American Imaging Management, Inc. (AIM), a separate company. For certain health plan members, AIM also provides radiology utilization management services.

Head & Neck Imaging

- CT of the Head
- CTA of the Head: Cerebrovascular
- MRI of the Head
- MRA of the Head: Cerebrovascular
- CT of the Orbit, Sella Turcica, Posterior Fossa and the Temporal Bone, including Mastoids
- MRI of the Orbit, Face, Neck
- CT of the Paranasal Sinus Maxillofacial Area
- MRI of the Temporomandibular Joints
- CT of the Neck (Soft Tissue)
- CTA of the Neck
- MRA of the Neck

Chest Imaging

- CT of the Chest
- CTA of the Chest
- MRI of the Chest
- MRA of the Chest

Cardiac Imaging

- Nuclear Cardiology - Myocardial Perfusion Imaging
- Nuclear Cardiology - Cardiac Blood Pool Imaging
- Nuclear Cardiology - Infarct Imaging
- CT Cardiac (Structure)
- MRI – Cardiac

Abdominal & Pelvic Imaging

- CT of the Abdomen
- MRI of the Abdomen
- CTA/MRA of the Abdomen
- CTA of the Abdominal Aorta - Lower Extremity Run-off



CT of the Pelvis
 MRI of the Pelvis
 CTA/MRA of the Pelvis
 CT of the Abdomen & Pelvis Combination

Spine Imaging

CT of the Cervical Spine
 MRI of the Cervical Spine
 CT of the Thoracic Spine
 MRI of the Thoracic Spine
 CT of the Lumbar Spine
 MRI of the Lumbar Spine

Upper Extremity Imaging

CT of the Upper Extremity
 MRI of the Upper Extremity (Any Joint)
 MRI of the Upper Extremity (Non-Joint)
 CTA/MRA Upper Extremity

Lower Extremity Imaging

CT of the Lower Extremity
 MRI of the Lower Extremity (Joint & Non- Joint)
 CTA/MRA of the Lower Extremity

**Anthem Blue Cross "De-Adopted"¹ (no longer adopted)
 Corporate Clinical Utilization Management(UM) Guidelines -
 Updated 10/01/2011**

Number	"De-Adopted" Clinical UM Guideline Title	Effective
CG-ANC-01	Ambulance Services: Ground, Air and Water	04/21/2010
CG-DRUG-04	Use of Low Molecular Weight Heparin Therapy and Fondaparinux (Arixtra®) in the Outpatient Setting	02/01/2010
CG-DRUG-18	Nesiritide (Natrecor®)	02/01/2010
CG-DRUG-20	Enfuvirtide (FUZEON®)	02/01/2010
CG-DRUG-21	Naltrexone (Vivitrol®) Injections for the Treatment of Alcohol Dependence	02/01/2010
CG-DRUG-26	Alefacept (Amevive)	02/01/2010
CG-DRUG-17	Natalizumab (Tysabri®)	11/1//009
CG-DME-14	Nebulizers	6/16/09
CG-DME-20	Orthopedic Footwear	6/16/09
CG-DME-21	External Infusion Pumps	6/16/09

¹ De-Adoption- Clinical UM Guideline that will appear on our website but will not be implemented through our UM program
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Number	"De-Adopted" Clinical UM Guideline Title	Effective
CG-LAB-08	Serum Antibodies for the Diagnosis of Inflammatory Bowel Disease and Celiac Disease (Previously CG-MED-14)	6/16/09
CG-MED-02	Esophageal pH Monitoring	10/01/2011
CG-MED-09	Vision Therapy	10/01/2011
CG-MED-16	Amnioreduction and/or Fetoscopic Laser Therapy for Interfetal Transfusion Syndrome	6/16/09
CG-OR-PR-03	Custom-made Knee Braces	10/01/2011
CG-RAD-01	Ultrasound Evaluation of Breast Disease	6/16/09
CG-RAD-04	Ultrasound in Maternity Care in the Outpatient Setting	6/16/09
CG-RAD-06	Lumbar Discography	10/13/2010
CG-RAD-07	CT/MRI Upper Extremity	04/01/2011
CG-RAD-08	CTA/MRA Head and Neck	04/01/2011
CG-RAD-09	CTA/MRA of the Thorax Cavity, Abdomen and Extremities	04/01/2011
CG-RAD-10	CT/MRI Abdomen, Pelvis and Kidney	04/01/2011
CG-RAD-11	CT/MRI Brain and Head	04/01/2011
CG-RAD-12	CT/MRI Face, Orbits, Sinuses, Temporomandibular Joint (TMJ), Neck Soft Tissue	04/01/2011
CG-RAD-13	CT/MRI Lower Extremity	04/01/2011
CG-RAD-14	CT/MRI of the Spine (Cervical, Thoracic, Lumbar)	04/01/2011
CG-RAD-15	CT/MRI of the Thoracic Cavity and Heart	04/01/2011
CG-RAD-16	Cardiac Radionuclide Imaging in the Outpatient Setting	04/01/2011
CG-RAD-18	Central (Hip and Spine) Bone Density Measurement and Screening for Vertebral Fractures Using Dual Energy X-Ray Absorptiometry	10/13/2010
CG-REHAB-03	Pulmonary Rehabilitation	10/01/2011
CG-SURG-01	Colonoscopy	6/16/09
CG-SURG-02	Infrared Coagulation for the Treatment of Hemorrhoids	10/01/2011
CG-SURG-14	Strabismus Repair by Surgery	6/16/09
CG-SURG-15	Endometrial Ablation	6/16/09