



Anthem Blue Cross Approved and Adopted Corporate Clinical Utilization Management(UM) Guidelines - Updated 02/01/2010

Number	Adopted Clinical UM Guideline Title	Updates
CG-ANC-01	Ambulance Services: Ground, Air and Water	
CG-DME-01	External (Portable) Continuous Insulin Infusion Pump	
CG-DME-03	Neuromuscular Stimulation in the Treatment of Muscle Atrophy	
CG-DME-04	Electrical Nerve Stimulation, Transcutaneous, Percutaneous	
CG-DME-05	Cervical Traction Devices for Home Use	
CG-DME-06	Pneumatic Compression Devices	
CG-DME-07	Augmentative and Alternative Communication (AAC) Devices/Speech Generating Devices (SGD)	
CG-DME-08	Infant Home Apnea Monitors	
CG-DME-09	Continuous Local Delivery of Analgesia to Operative Sites Using an Elastomeric Infusion Pump	
CG-DME-10	Durable Medical Equipment	
CG-DME-11	Spinal Orthoses: Thoracic-Lumbar-Sacral (TLSO), Lumbar-Sacral (LSO), and Lumbar	
CG-DME-12	Home Phototherapy Devices for Neonatal Hyperbilirubinemia	
CG-DME-13	Lower Limb Prosthesis	
CG-DME-15	Hospital Beds and Accessories	
CG-DME-16	Pressure Reducing Support Surfaces - Groups 1 & 2	
CG-DME-18	Home Oxygen Therapy	
CG-DME-19	Therapeutic Shoes, Inserts and/or Modifications for Individuals with Diabetes	
CG-DME-22	Ankle-Foot & Knee-Ankle-Foot Orthotics (Braces)	
CG-DME-23	Patient Lifts	
CG-DME-24	Manual Wheeled Mobility Devices	
CG-DME-25	Seat Lift Mechanisms	
CG-DME-26	Back-up Ventilators in the Home Setting	
CG-DME-27	Non-invasive Positive Pressure Respiratory Assist Devices (BiPAP®)	
CG-DME-28	Myoelectric Upper Extremity Prosthetic Devices	
CG-DME-30	Prothrombin Time Self-Monitoring Devices	
CG-DME-31	Power Wheeled Mobility Devices	
CG-DRUG-01	Off-Label Drug and Approved Orphan Drug Use	
CG-DRUG-03	Beta Interferons or Glatiramer Acetate for Treatment of Multiple Sclerosis interferon beta-1a [Avonex, Rebif], interferon beta-1b [Betaseron], Glatiramer [Copaxone]	
CG-DRUG-05	Recombinant Erythropoietin Products	
CG-DRUG-07	Hepatitis C Pegylated Interferon Antiviral Therapy	
CG-DRUG-08	Pharmacotherapy for Gaucher Disease	
CG-DRUG-09	Intravenous Immune Globulin Therapy (IVIG)	
CG-DRUG-11	Oral and Injectable Infertility Drugs	
CG-DRUG-11	Oral and Injectable Infertility Drugs	
CG-DRUG-13	Hepatitis B Interferon Antiviral Therapy	
CG-DRUG-15	Gonadotropin Releasing Hormone (GnRH) Analogs	
CG-DRUG-16	White Blood Cell Growth Factors	
CG-DRUG-24	Repository Corticotropin Injection (H.P. Acthar® Gel)	07/24/09

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CG-DRUG-25	I.V. vs. Oral Drug Administration	11/16/09
CG-LAB-03	Phenotypic and Genotypic Resistance Assays in HIV Management	07/24/09
CG-MED-02	Esophageal pH Monitoring	
CG-MED-08	Home Enteral Nutrition	
CG-MED-09	Vision Therapy	
CG-MED-19	Custodial Care	
CG-MED-21	Anesthesia Services and Moderate ("Conscious") Sedation	
CG-MED-22	Neuropsychological Testing	
CG-MED-23	Home Health	
CG-MED-26	Neonatal Levels of Care	
CG-MED-29	Inpatient Subacute Care	
CG-MED-31	Skilled Nursing Facility	
CG-MED-34	Anesthesia Services for Gastrointestinal Endoscopic Procedures	
CG-OR-PR-03	Custom-made Knee Braces	
CG-RAD-06	Lumbar Discography	
CG-RAD-07	CT/MRI Upper Extremity	
CG-RAD-08	CTA/MRA Head and Neck	
CG-RAD-09	CTA/MRA of the Thorax Cavity, Abdomen and Extremities	
CG-RAD-10	CT/MRI Abdomen, Pelvis and Kidney	
CG-RAD-11	CT/MRI Brain and Head	
CG-RAD-12	CT/MRI Face, Orbits, Sinuses, Temporomandibular Joint (TMJ), Neck Soft Tissue	
CG-RAD-13	CT/MRI Lower Extremity	
CG-RAD-14	CT/MRI of the Spine (Cervical, Thoracic, Lumbar)	
CG-RAD-15	CT/MRI of the Thoracic Cavity and Heart	
CG-RAD-16	Cardiac Radionuclide Imaging in the Outpatient Setting	
CG-RAD-18	Central (Hip and Spine) Bone Density Measurement and Screening for Vertebral Fractures Using Dual Energy X-Ray Absorptiometry	
CG-REHAB-03	Pulmonary Rehabilitation	
CG-REHAB-04	Physical Therapy	
CG-REHAB-05	Occupational Therapy	
CG-REHAB-06	Speech-Language Pathology	
CG-REHAB-07	Skilled Nursing and Skilled Rehabilitation Services (Outpatient)	
CG-REHAB-08	Private Duty Nursing in the Home Setting	
CG-REHAB-09	Acute Inpatient Rehabilitation	
CG-SURG-02	Infrared Coagulation for the Treatment of Hemorrhoids	
CG-SURG-03	Blepharoplasty, Blepharoptosis Repair, and Brow Lift	
CG-SURG-05	Maze Procedure	
CG-SURG-08	Sacral Nerve Stimulation as a Treatment of Neurogenic Bladder Secondary to Spinal Cord Injury	
CG-SURG-09	Temporomandibular Joint Dysfunction (TMD), Temporomandibular Joint Syndrome (TMJ), Craniomandibular Disorder (CMD)	
CG-SURG-12	Penile Prosthesis Implantation	
CG-SURG-18	Septoplasty	
CG-SURG-27	Gender Reassignment Surgery	
CG-SURG-28	Transcatheter Uterine Artery Embolization	
CG-TRANS-02	Kidney Transplantation	

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**Anthem Blue Cross "De-Adopted"¹ (no longer adopted)
Corporate Clinical Utilization Management(UM) Guidelines -
Updated 02/01/2010**

Number	"De-Adopted" Clinical UM Guideline Title	Effective
CG-DRUG-17	Natalizumab (Tysabri®)	11/1//009
CG-DME-14	Nebulizers	6/16/09
CG-DME-20	Orthopedic Footwear	6/16/09
CG-DME-21	External Infusion Pumps	6/16/09
CG-LAB-08	Serum Antibodies for the Diagnosis of Inflammatory Bowel Disease and Celiac Disease (Previously CG-MED-14)	6/16/09
CG-MED-16	Amnioreduction and/or Fetoscopic Laser Therapy for Interfetal Transfusion Syndrome	6/16/09
CG-RAD-01	Ultrasound Evaluation of Breast Disease	6/16/09
CG-RAD-04	Ultrasound in Maternity Care in the Outpatient Setting	6/16/09
CG-SURG-01	Colonoscopy	6/16/09
CG-SURG-14	Strabismus Repair by Surgery	6/16/09
CG-SURG-15	Endometrial Ablation	6/16/09
CG-DRUG-04	Use of Low Molecular Weight Heparin Therapy and Fondaparinux (Arixtra®) in the Outpatient Setting	02/01/2010
CG-DRUG-18	Nesiritide (Natrecor®)	02/01/2010
CG-DRUG-20	Enfuvirtide (FUZEON®)	02/01/2010
CG-DRUG-21	Naltrexone (Vivitrol®) Injections for the Treatment of Alcohol Dependence	02/01/2010
CG-DRUG-26	Alefacept (Amevive)	02/01/2010

¹ De-Adoption- Clinical UM Guideline that will appear on our website but will not be implemented through our UM program