

# Clinical Utilization Management (UM) Guidelines

Approved and adopted by State Sponsored Business

To see the full Clinical Utilization Management Guidelines on our website, follow these directions: Enter the URL [www.anthem.com/ca](http://www.anthem.com/ca), select **Providers** on the left and under the heading **Learn More**, click the link **Medical Policies and Clinical UM Guidelines**.

Guideline number	Clinical UM Guideline name/title
CG-ANC-01	Ambulance Services; Ground, Air and Water
CG-ANC-03	Acupuncture
CG-DME-01	External (Portable) Continuous Insulin Infusion Pump
CG-DME-04	Electrical Nerve Stimulation, Transcutaneous, Percutaneous
CG-DME-05	Cervical Traction Devices for Home Use
CG-DME-06	Pneumatic Compression Devices
CG-DME-07	Augmentative and Alternative Communication (AAC) Devices/Speech Generating Devices (SGD)
CG-DME-08	Infant Home Apnea Monitors
CG-DME-09	Continuous Local Delivery of Analgesia to Operative Sites Using an Elastomeric Infusion Pump
CG-DME-10	Durable Medical Equipment
CG-DME-11	Spinal Orthoses; Thoracic-Lumbar-Sacral (TLSO), Lumbar-Sacral (LSO), and Lumbar
CG-DME-12	Home Phototherapy Devices for Neonatal Hyperbilirubinemia
CG-DME-13	Lower Limb Prosthesis
CG-DME-15	Hospital Beds and Accessories
CG-DME-16	Pressure Reducing Support Surfaces; Groups 1 & 2
CG-DME-17	Pressure Reducing Support Surface – Group 3 (Air Fluidized Beds)
CG-DME-18	Home Oxygen Therapy
CG-DME-19	Therapeutic Shoes, Inserts or Modifications for Individuals with Diabetes
CG-DME-20	Orthopedic Footwear
CG-DME-21	External Infusion Pumps
CG-DME-22	Ankle-Foot Orthotics and Knee-Ankle-Foot Orthotics (Braces)
CG-DME-23	Patient Lifts
CG-DME-24	Manual Wheeled Mobility Devices

Guideline number	Clinical UM Guideline name/title
CG-DME-25	Seat Lift Mechanisms
CG-DME-26	Back-up Ventilators in the Home Setting
CG-DME-27	Non-Invasive Positive Pressure Respiratory Assist Devices (BiPAP)
CG-DME-28	Myoelectric Upper Extremity Prosthetic Devices
CG-DME-29	Ambulatory Event Monitors to Detect Cardiac Arrhythmias
CG-DME-30	Prothrombin Time Self-Monitoring Devices
CG-DME-31	Power Wheeled Mobility Devices
CG-DME-32	Continuous Positive Airway Pressure (CPAP) for the Treatment of Obstructive Sleep Apnea in Adults and Children, and Related Devices for the Treatment of Obstructive Sleep Apnea in Adults
CG-DRUG-01	Off-Label Drug and Approved Orphan Drug Use
CG-DRUG-03	Beta-Interferons (interferon beta-1a [Avonex, Rebif], interferon beta-1b [Betaseron]) or Glatiramer Acetate [Copaxone] for the Treatment of Multiple Sclerosis
CG-DRUG-05	Recombinant Erythropoietin Products
CG-DRUG-07	Hepatitis C Pegylated Interferon Antiviral Therapy
CG-DRUG-08	Pharmacotherapy for Gaucher Disease
CG-DRUG-09	Intravenous Immune Globulin Therapy (IVIg)
CG-DRUG-12	Biologics for Psoriasis and Psoriatic Arthritis
CG-DRUG-13	Hepatitis B Interferon Antiviral Therapy
CG-DRUG-15	Gonadotropin Releasing Hormone (GnRH) Analogs
CG-DRUG-17	Natalizumab (Tysabri)
CG-DRUG-19	Progesterone Therapy as a Technique to Prevent Preterm Delivery in High-Risk Women
CG-DRUG-20	Enfuvirtide (FUZEON®)
CG-DRUG-21	Naltrexone (Vivitrol®) Injections for the Treatment of Alcohol Dependence
CG-DRUG-24	Repository Corticotropin Injection (H.P. Acthar® Gel)

Guideline number	Clinical UM Guideline name/title
CG-MED-01	Polysomnography Studies in Adults and Children
CG-MED-02	Esophageal pH Monitoring
CG-MED-05	Ketogenic Diet for Treatment of Intractable Seizures
CG-MED-08	Home Enteral Nutrition
CG-MED-18	Electroencephalography (EEG) testing: Ambulatory and Video
CG-MED-19	Custodial Care
CG-MED-23	Home Health
CG-MED-25	Hospice, Inpatient Setting
CG-MED-26	Neonatal Levels of Care
CG-MED-29	Inpatient Subacute Care
CG-MED-31	Skilled Nursing Facility Services
CG-MED-32	Ancillary Services for Pregnancy Complications
CG-MED-35	Retinal Telescreening Systems
CG-OR-PR-01	NeuroControl Freehand Neuroprosthesis
CG-OR-PR-02	Prefabricated and Prophylactic Knee Braces
CG-OR-PR-03	Custom-made Knee Braces
CG-RAD-02	Endoscopic Ultrasonography (EUS)
CG-RAD-04	Ultrasound in Maternity Care in the Outpatient Setting
CG-RAD-05	CT Myelogram
CG-RAD-06	Lumbar Discography
CG-RAD-07	CT/MRI Shoulder, Elbow, Wrist, Hand
CG-RAD-08	CTA/MRA-Brain and Neck
CG-RAD-09	CTA/MRA of the Thorax, Abdomen and Extremities
CG-RAD-10	CT/MRI Abdomen, Pelvis and Kidney
CG-RAD-11	CT/MRI Brain and Head
CG-RAD-12	CT/MRI Face, Orbits, Sinuses, Temporomandibular Joint (TMJ), and Neck Soft Tissue
CG-RAD-13	CT/MRI Hips, Pelvic Bones, Knee, Ankle, and Foot
CG-RAD-14	CT/MRI of the Spine (Cervical, Thoracic, Lumbar)
CG-RAD-15	CT/MRI Thoracic Cavity
CG-RAD-16	Cardiac Radionuclide Imaging

Guideline number	Clinical UM Guideline name/title
CG-RAD-18	Central (Hip or Spine) Bone Density Measurement and Screening for Vertebral Fractures Using Dual Energy X-Ray Absorptiometry
CG-REHAB-01	Vestibular Rehabilitation and Canalith Repositioning
CG-REHAB-02	Cardiac Rehabilitation (Outpatient)
CG-REHAB-03	Pulmonary Rehabilitation
CG-REHAB-04	Physical Therapy
CG-REHAB-05	Occupational Therapy
CG-REHAB-06	Speech-Language Pathology
CG-REHAB-07	Skilled Nursing and Skilled Rehabilitation Services
CG-REHAB-08	Private Duty Nursing in the Home Setting
CG-REHAB-09	Acute Inpatient Rehabilitation
CG-SURG-02	Infrared Coagulation (IRC) for the Treatment of Hemorrhoids
CG-SURG-03	Blepharoplasty, Blepharoptosis Repair, and Brow Lift
CG-SURG-05	Maze Procedure
CG-SURG-07	Vertical Expandable Prosthetic Titanium Rib (VEPTR)
CG-SURG-08	Sacral Nerve Stimulation as a Treatment of Neurogenic Bladder Secondary to Spinal Cord Injury
CG-SURG-09	Temporomandibular Joint Dysfunction (TMD), Temporomandibular Joint Syndrome (TMJ), Craniomandibular Disorder (CMD)
CG-SURG-11	Dupuytren's Contracture Release
CG-SURG-12	Penile Prosthesis Implantation
CG-SURG-13	Circumcision
CG-SURG-15	Endometrial Ablation
CG-SURG-16	Pain Management: Cervical, Thoracic and Lumbar Facet Injections and Spinal Epidural Steroid Injections
CG-SURG-17	Trigger Point Injections
CG-SURG-18	Septoplasty
CG-SURG-19	Carpal Tunnel Release Surgery
CG-SURG-23	Arthroscopic Lavage and Arthroscopic Debridement as a Treatment for Osteoarthritis of the Knee
CG-SURG-24	Functional Endoscopic Sinus Surgery (FESS)
CG-SURG-25	Injection Treatment for Morton's Neuroma
CG-SURG-28	Transcatheter Uterine Artery Embolization
CG-TRANS-02	Kidney Transplantation