



PSYCHOTHERAPY NOTES AUTHORIZATION
 (for release of PHI from Provider to Anthem Blue Cross)

Si necesita ayuda en español para entender este documento, puede solicitarla sin costo adicional, llamando al número de servicio al cliente que aparece al dorso de su tarjeta de identificación o en el folleto de inscripción.

Instructions: Please complete the following information exactly as it appears on your member identification (ID) card. Complete the form in its entirety and include as much information as possible. If necessary, call the number listed on the back of your member ID card for assistance.

<i>Individual's Last Name</i>	<i>Individual's First Name</i>	<i>Middle Initial</i>	<i>Group ID Number</i>
<i>Individual's ID Number (From Member ID Card)</i>	<i>Social Security Number (Optional)</i>	<i>Date of Birth (mm/dd/yyyy)</i>	<i>Daytime Telephone (with Area Code)</i>
<i>Individual's Street Address</i>	<i>City</i>	<i>State</i>	<i>Zip Code</i>

Part A: I authorize the following person or types of people to **disclose** my information:

Name of Provider (i.e. physician, hospital):

Relationship to the Individual: _____

Part B: I authorize the following company and its affiliates and agents to **receive** my information:

Anthem Blue Cross and its Affiliates and Agents.

Part C: I authorize the following information to be used or disclosed on my behalf (check one block):

Psychotherapy Notes (include specific information regarding psychotherapy notes that you want released i.e. date, therapist, etc. below)

Part D: The purpose of my authorization is (check one block):

To disclose the information at my request.

For the following purposes: _____



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Part E: Expiration Date. If not previously revoked, this authorization will terminate on the earliest of the following dates:

- the date my coverage ends (only if disclosure requested by insurance company); or
- one year from the signature date below; or
- upon the following date, event or condition (within the one year time frame): _____

Part F: I have read the contents of this authorization and understand and agree to the use and disclosure of my information as specified above. I also understand this authorization is voluntary and that the person listed in Part A will not condition my treatment, payment, or enrollment or eligibility for benefits on signing this authorization.

I have the right to revoke this authorization at any time by giving written notice of my revocation to the person listed in Part A. I understand that my revocation will not affect any action taken before my written revocation notice is received. I also understand that information disclosed may be subject to re-disclosure by the recipient in which case it may no longer be protected under the HIPAA Privacy Rule. I am entitled to a copy of this authorization.

Date	Individual Signature
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Designated Legal Representative / Guardian

If this form is signed by a legal representative / guardian on behalf of the individual, please complete the following. A copy of a Health Care Power of Attorney, a court order or other documentation establishing custody, or other legal documentation demonstrating the authority of the legal representative to act on the individual's behalf must be attached.

Legal Representative (print full name): _____

Legal Relationship to Individual: _____

Signature: _____ Date: _____

**Note: This form is specifically for psychotherapy notes. If you seek to authorize the use or disclosure of information other than psychotherapy notes, then you will need to do so using a separate form.*

**Please keep a copy of this form for your records
and return the completed form to:**

**Anthem Blue Cross
Behavioral Health
PO BOX 23330
San Diego, CA 92193-9962**