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RAPID UPDATE



March 29, 2010

Anthem Will Upgrade to the 14th Edition of Milliman Care Guidelines

Anthem Blue Cross and Blue Shield (Anthem) will update Utilization Management/Case Management departments with the Milliman Care Guidelines, 14th Edition, effective June 7, 2010.

The following is a summary of the additions/changes to the 14th Edition:

- A new guideline was added for Geriatric Admission.
 - *Geriatric Admission Recovery Facility Care GRG, MCG-Code GRG-ger*, is new. It will be handled as follows: If there is a request to admit the member to an inpatient level of care, Anthem will review the clinical information and make a determination as to whether the clinical indications for admission are met. If the member's stay is initially in an Observation status, and then moves to an inpatient level of care, Anthem's Precertification department should be contacted so that a determination can be made.
- Two guidelines dealing with mastectomy with TRAM flap were combined.
 - *Mastectomy Complete, with Transverse Rectus Abdominis Myocutaneous (TRAM) flap, ORG. code S-864, GLOS – 3 Days* **replaces** Mastectomy, Modified Radical, with Transverse Rectus Abdominis Myocutaneous (TRAM), ORG code S-864, GLOS – 3 Days & Mastectomy, Modified Radical, with Transverse Rectus Abdominis Myocutaneous (TRAM) Flap and Microvascular Anastomosis, ORG code S-866, GLOS – 4 Days (13th Edition)
- Two new Optimal Recovery Guidelines (ORGs) have been added.
 - *Newborn Care, ORG code P-357, goal length of stay (GLOS) - 1 Day*
 - *Ventricular Arrhythmias, ORG code M-575, GLOS - Ambulatory or 2 Days*
- Goal Length of Stay (GLOS) has been changed for six ORG codes.
 - *Cardiac Septal Defect: Atrial, Repair, ORG code S-281. GLOS changed from 3 days to 2 or 3 days.*
 - *Cholecystectomy, ORG code S-360. GLOS changed from 2 days to 3 days.*
 - *Cholecystectomy with Common Duct Exploration, ORG code S-370. GLOS changed from 3 days to 4 days.*

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- *Gastric Restrictive Procedure with Gastric Bypass by Laparoscopy, ORG code S-513. GLOS changed from 1 day to Ambulatory or 1 day.*
- *Gastric Restrictive Procedure without Gastric Bypass by Laparoscopy, ORG code S-515. GLOS changed from Ambulatory or 1 day to Ambulatory.*
- *Radical Neck Dissection, ORG code S-1000. GLOS changed from 2 days to 1 day.*

We appreciate the opportunity to continue to work with you collaboratively to improve the health of the members we serve.

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