

Anthem ConditionCare Incentive Program

Chronic Obstructive
Pulmonary Disease

Through the Anthem ConditionCare Incentive Program for chronic obstructive pulmonary disease, your employer is reducing the cost of covered medical services and prescription drugs that help you manage your chronic obstructive pulmonary disease. You may save money on some condition-specific doctor visits and certain related prescription drugs.

Your plan may not include benefits for all of these medical services and medications. To find out if a specific medical service or medication on this list is a covered benefit under your plan, see your contract documents or call customer service at the telephone number on the back of your health plan ID card.

Chronic Obstructive Pulmonary Disease Medical Services

- Durable medical equipment*
 - Nebulizers and nebulizer supplies
 - Oxygen and oxygen supplies
 - Oxygen meters
 - Peak flow meters
 - Spirometers
- Educational and counseling services
 - Nutritional (medical and non-medical)
 - Weight management
 - Stress management
- Flu shots
- Immunizations/vaccines
- Office visits primarily for the treatment of Chronic Obstructive Pulmonary Disease
- Others
 - Health club membership
 - Exercise Classes
- Pulmonary function studies
- Pulmonary rehabilitation

- Spirometry
- Smoking cessation counseling

Chronic Obstructive Pulmonary Disease Drug List

- Advair Diskus
- Advair HFA
- Aerobid
- Aerobid-M
- albuterol
- Alvesco
- aminophylline
- Asmanex
- Atrovent HFA
- Azmacort
- Broncap
- Broncodur
- Broncomar-1
- Brondil
- Brovana
- Celestone
- Combivent
- Copd
- cortisone acetate
- dexamethasone
- Dexpak
- Difil-G Forte
- Dilex-G
- Dyflex-G
- Dy-G
- Dylix
- dyphylline
- dyphylline/guaifenesin
- Elixophyllin
- Entocort EC

- Flovent Diskus
- Flovent HFA
- Foradil
- hydrocortisone
- ipratropium
- ipratropium/albuterol
- Jay-Phyl
- Lufyllin
- Maxair
- Medrol
- metaproterenol
- methylprednisolone
- Millipred
- Orapred ODT
- Perforomist
- prednisolone
- prednisone
- prednisone sodium phosphate
- Proair HFA
- Proventil HFA
- Pulmicort
- Quibron-300
- Qvar
- Serevent Diskus
- Spiriva
- Symbicort
- terbutaline
- Theo-24
- Theochron
- theophylline
- Uniphyl
- Ventolin HFA
- Veripred
- Xolair
- Xopenex
- Xopenex HFA

Brand-name products are listed with a first capital letter, and generic products are listed in lowercase letters.

*Durable medical equipment may be covered under the pharmacy benefit and would require a prescription.

For more information, visit anthem.com or call the customer service number on the back of your health plan ID card.



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