

Long Term Services and Supports (LTSS)

Anthem has been selected by the California Department of Health Care Services (DHCS) and the California Department of Public Health (DPH) to provide health care services for Medi-Cal Managed Care (Medi-Cal) members in Los Angeles, Santa Clara and Alameda County.

For information on the rollout timeline for the counties please refer to the website

www.calduals.org

Anthem covers a wide variety of Long Term Services and Supports (LTSS) that help elderly individuals and/ or individuals with disabilities with their daily needs for assistance and improve the quality of their lives.

Examples include assistance with bathing, dressing and other basic activities of daily life and self-care, as well as support for everyday tasks such as laundry, shopping and transportation. LTSS are provided over an extended period, predominantly in the homes and communities, but also in facility-based settings such as nursing facilities.

In California, these services fall into four categories and are defined as follows:

In Home Support Services (IHSS)

IHSS is a federal, state, and locally-funded program that provides in-home assistance to low-income adults who are over 65 years of age, blind, or disabled, and to children who are blind or disabled. Under the CCI, IHSS services will become a managed care benefit in the eight Demonstration counties only, in accordance with existing IHSS statutory and regulatory requirements and guidelines. Individuals receiving IHSS through Medi-Cal managed care health plans will maintain the current rights including hiring, managing, and firing providers of their choice; requesting a reassessment upon change of circumstances; and functioning as the employer.

Community-Based Adult Services (CBAS)

CBAS, formerly known as Adult Day Health Care, is an outpatient, facility-based service program that delivers skilled nursing care, social services, therapies, personal care, family and caregiver training and support, meals, and transportation to older persons and younger adults with chronic conditions and/or disabilities who are at risk of needing institutional care.

Multipurpose Senior Services Program (MSSP)

MSSP is a 1915(c) home- and community-based Medi-Cal waiver program that provides care management with the ability to coordinate and/or purchase adult day care, housing assistance, chore and personal care services, protective supervision, respite, transportation, meal services, social services and communication services for Medi-Cal eligible individuals over the age of 65 who meet clinical qualifications for nursing facility admissions.

Long Term Care (LTC)/Skilled Nursing Facility (SNF)

Long Term Care (LTC) is the provision of medical, social, and personal care services (above the level of room and board) that are not available in the community, and are needed regularly due to a mental or physical condition.

LTC is generally provided in a facility-based setting such as a Skilled Nursing Facility

Where Can I Find More Information?

Visit the California Duals website at <http://www.calduals.org/> or www.dhcs.ca.gov for detailed information on program services, eligibility information and enrollment instructions.

If you are interested in participating with Anthem as an LTSS Provider please send a request with contact information to LTSSProviders@anthem.com.